

Morning Meditations

A resource for Perimeter Young Families to pray the Scriptures together
each morning, for our hurting world, Spring 2020.

TUESDAY

Father, we know many health care technicians, nurses, physicians, and others will be on the frontlines of this battlefield. **Oh Father, would you please protect them? Lord, have mercy.**

We pray for their minds to be sharp for the care of patients and staff.

We pray for their bodies to have strength when they are tired. And we pray they are supernaturally protected from contracting the virus and becoming ill and spreading it to others. **Lord, sharpen their minds and protect and strengthen their bodies.**

We pray for their hearts to be filled with love so that their hands would show the nail-scarred hands of Jesus to others. Lord, direct their hearts to the love of God **and to the steadfastness of Christ.**

Amen.

Parents, feel free to read these prayers to your children, and ask them to agree with you in prayer. You can also use them as a liturgy in “call and response.” Read the regular print, then ask them to repeat the bolded print after you (or if your kids can all read, just print it out and tell them to read the bold print together)!

Liturgy has been a practice of the church over centuries. It allows us to engage with God corporately with words which are saturated in Biblical thinking and feeling. It is not meant to limit our prayers, but to guide them and then seed them for deeper expression in our personal and private prayer life.