## **Morning Meditations**

## A resource for Perimeter Young Families to pray the Scriptures together each morning, for our hurting world, Spring 2020.

## SUNDAY

Sovereign Lord, we are concerned for the safety and health of our beloved family and church family. Jesus, you taught us with peace and confidence to pray to our Father in heaven. So, Father in heaven, we come to ask that our: Grandfathers, Grandmothers, Daddys, Mommys, Sons, Daughters, Brothers, Sisters, Uncles, Aunts, cousins, pastors, elders, deacons, and friends, (and \_\_\_\_\_) will be healthy, healed, and safe. Father, we thank You that though we can get sick, that You are the Healer.

And you have said, "Fear not, for I am with you; **be not dismayed, for I am your God;** I will strengthen you, I will help you, **I will uphold you with my righteous right hand.**"

May Your Church, Your beloved sons and daughters, today hear Your voice when You say, "You will receive power when the Holy Spirit has come upon you, **and you will be my witnesses** in Jerusalem and in all Judea and Samaria, and to the end of the earth."

## Amen.

Parents, feel free to read these prayers to your children, and ask them to agree with you in prayer. You can also use them as a liturgy in "call and response." Read the regular print, then ask them to repeat the bolded print after you (or if your kids can all read, just print it out and tell them to read the bold print together)!

Liturgy has been a practice of the church over centuries. It allows us to engage with God corporately with words which are saturated in Biblical thinking and feeling. It is not meant to limit our prayers, but to guide them and then seed them for deeper expression in our personal and private prayer life.