

Family Discipleship Devotional (To Be Led by Parent)

Suggested uses: during family devotions, meal time, long family car rides, etc.

Follow-Up to KidsQuest Online October 25, 2020

Truth (Read Philippians 4:8)

"Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things."

Equipping (Discussion questions)

- 1. Go through the verse and define words you may not know:
 - o True: speaking the truth, truthful
 - o Honorable: Honest people, people of good character
 - Just: righteous, innocent, guiltless
 - o Pure: clean, sacred, free from fault
 - o Lovely: pleasing, acceptable
 - o Commendable: of good report, gracious
 - o Excellence: moral course of thought, modesty, purity
 - o Worthy of praise: commendation, praise
- 2. How do we see Christ show these qualities?
- 3a. In light of what we've just read; what are the things that we should be meditating upon? The bible, positive things, pure things
- 3b. What are things we should not be meditating on? Bad TV, negative thoughts, etc.
- 4. Why do you think Philippians 4:8 is important to us? Why is what we focus on important? Because what we focus on, what we spend time thinking about determines how we act and react in certain situations.





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Accountability

- 1. How do we guard our hearts and minds from becoming consumed with things of the world? Psalm 119:9
- 2. What are things we can do to help focus on what is true? Try to make this personal with your kids! Example: go on a walk, have a go-to verse, etc.
- 3. Do you struggle to be thinking of things that are true, honorable, just, etc.? Make sure to be vulnerable with your kids as well

Mission

- 1. What are some things that would be great to share with someone else that would bring praise and glory to God?
- 2. How does knowing the absolute truth (the gospel) help us have peace of mind? How can we share this truth with others?

Supplication

Pray with your family asking God to help keep your thoughts and mind pure!

"God, You are worthy of our praise! You are always right and pure. Your ways are excellent and trustworthy. God, when we struggle with showing integrity, help us to remember to turn to You. We know when we focus on You, when we study Your Word, when we talk to You, we are choosing to train ourselves to be truthful in whatever we say and do. We pray this in Your name! Amen!"

