



# Patience

## Family Discipleship Devotional (To Be Led by Parent)

Suggested uses: during family devotions, meal time, long family car rides, etc.

Follow-Up to KidsQuest Online  
March 21, 2021

### Truth (Read Genesis 25:24-34)

When her days to give birth were completed, behold, there were twins in her womb. The first came out red, all his body like a hairy cloak, so they called his name Esau. Afterward his brother came out with his hand holding Esau's heel, so his name was called Jacob. Isaac was sixty years old when she bore them. When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, dwelling in tents. Isaac loved Esau because he ate of his game, but Rebekah loved Jacob. Once when Jacob was cooking stew, Esau came in from the field, and he was exhausted. And Esau said to Jacob, "Let me eat some of that red stew, for I am exhausted!" (Therefore, his name was called Edom.) Jacob said, "Sell me your birthright now." Esau said, "I am about to die; of what use is a birthright to me?" Jacob said, "Swear to me now." So, he swore to him and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank and rose and went his way. Thus, Esau despised his birthright.

### Equipping

1. Why did Esau sell his birthright? Because he was so hungry, he thought he was going to die!
2. What was a birthright? The son of the birthright would receive double portion of the inheritance and he would also be the head of the family and spiritual leader upon the passing of the father.
3. What did Jacob's name mean? It meant heel-catcher which means trickster or con-man.
4. Why did Jacob ask for Esau's birthright? He wanted to be head of the household and tricked him into selling it for him.

### Accountability

1. In what ways are you impatient like Esau? In what ways are you self-seeking like Jacob?
2. How does patience—waiting until later for what you want now—show trust in God?
3. What are some reasons God might want us to wait for something instead of giving us everything when we think we should have it?
4. What are some situations you really want to do better at when it comes to waiting with a good attitude?

### Mission

1. Can you think of ways that Jesus is patient with you?
2. How could being patient in these situations help show how God is working through you?
3. Have you been patient with the people you have been praying for?

### Supplication

1. Continue to pray for the person you want to show patience to.
2. Any prayer request to share?

"Dear God, we need your help. Waiting isn't always easy, but we know the benefits of waiting on you are much better than the consequences of losing our cool. Let us learn a lesson from Esau's foolish and impatient choice. When we think we can't wait, help us stop and remember what it might cost us if we don't listen and follow you. In Jesus' name, amen."



Wait for the Lord. Be strong and don't lose hope.

Wait for the Lord. - Psalm 27:14

## Would You Rather questions: (patient answers are bolded)

1. Would you rather have:

800 pieces of your favorite candy now?

**One piece every day for the rest of your life?**

2. Would you rather:

**Save up your money for three years to get the video game system you've been dreaming of?**

Your older brother sold his car so you can get a brand-new video game system right now?

3. Would you rather have:

A \$700 gift card to your favorite store today?

**\$20 each month for the next five years?**

4. Would you rather have to:

**Wait on your teacher and get a whole 30 minutes to ask whatever you want?**

Not wait and have her answer you now but only be able to talk for two minutes?

5. Would you rather:

Have your mom let you sleep over at your friend's house tonight?

**Have your mom answer no to tonight but yes to two weekends in a row?**

6. Would you rather:

Be able to eat your favorite dessert before dinner tonight?

**Eat dinner first but be able to eat dessert every night for the entire week?**

7. Would you rather:

**Wait two more years for a pet but be able to keep your pet for a very long time?**

Have a new pet come live with you tonight, but only for a year?

8. Would you rather:

Get the new shoes you've wanted so badly tomorrow?

**Wait for two months and your entire family gets to pick out new shoes, too?**

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