

LEADER and PARENT GUIDE

It's easy to cheer for your favorite sports teams, favorite food, or for the actors you love. However, it can be much harder to cheer for the people around you and to show them kindness. Kindness means showing others they are valuable by how you treat them. Through God's kindness, He showed us how valuable we are by sending Jesus to die in our place and by giving us salvation. God was kind to us even when we didn't deserve it, and because of His great love, we can be kind to everyone. Through the stories of the Good Samaritan, Ruth and Naomi, and through Paul's letters we can see God's kindness in action.

In an attempt to trick Jesus, the religious leaders asked, "If we're supposed to love our neighbor as we love ourselves, who is our neighbor?" Jesus answered by telling the parable of The Good Samaritan. In this story, a priest, a Levite, and a Samaritan passed by an injured man, but only the Samaritan stopped to help. The Samaritan was an unlikely hero because Jews and Samaritans were enemies. However, Jesus wanted His followers to understand that they needed to show kindness to all people, even their enemies. When Jesus died on the cross, He died for everyone, and He even prayed for His enemies. Jesus embodied God's kindness and love by spending His time with social outcasts, sick people, and sinners. When Jesus tells us to love our neighbors, that includes the people who are similar and different from us. Instead of focusing on our differences, we can show all people how valuable they are by treating them with kindness.

Another biblical example of kindness occurs in the story of Ruth and Naomi. After both of their husbands died, Naomi told Ruth, her daughter-in-law, to return home to her family. Instead, Ruth showed kindness to Naomi by choosing to stay with her, by moving back to Naomi's hometown, and by gathering grain so they would have food. After seeing Ruth's kindness, Boaz responded by letting her gather all the grain she needed, and eventually by marrying her. Due to their kindness, Ruth and Boaz had a baby who would end up being in the line of Jesus. Both Boaz and Ruth made great sacrifices in order to show kindness to their family. Oftentimes, the hardest people to be kind to are the people who are closest to us. We can easily take our family and friends for granted, but with God's help, we can show kindness even when it's hard. When we show kindness to our friends and family, we remind them of how valuable they are to us and to God. Just like Ruth and Boaz, we should be kind to our family and friends.

Additionally, during the Sermon on the Mount Jesus taught, "And if anyone forces you to go one mile, go with him two miles." To us that might sound strange, but at the time, Roman soldiers could force anyone to carry their pack for a full mile. Kindness can feel like an obligation, which can cause us to do the bare minimum. Yet Jesus challenged us to go the extra mile by showing more kindness than we have to. Jesus gave us the best example of extraordinary kindness by putting us first, by being patient with us, and by loving us. Because of God's great love for us, we can show others that same love by choosing to be kinder than we have to be. When we demonstrate God's extraordinary kindness, people will see Christ in us, and it can change their hearts and lead them to God.

When Paul wrote to the Ephesians, he reminded them about the amazing example of kindness we have because of Jesus. Even in difficult situations, you can choose how to act with God's help. You can choose to treat others the way you would want to be treated by remembering that God was kind to you, even when you didn't deserve it. Even when we were separated from God, God showed us kindness by sending Jesus to rescue us and to model for us what kindness can look like in our own lives. Jesus died on the cross and rose from the dead so that we could be forgiven for our sins. He showed us how valuable we truly are by giving us the greatest example of kindness the world has ever known! God was so incredibly kind to us that we can't help but be kind to the people we meet, even when it's challenging. Through God's love and by the power of His Holy Spirit, we can show His extraordinary kindness to our friends, families, neighbors, and to everyone else we encounter so that they too can know the great lovingkindness of our God. Remember, while we were sinning, God showed us His kindness, compassion, and great love for us by sending Jesus to die in our place for our sins – what act could be kinder than that!





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Read Ruth 1:4-5, 15-22, 4:13-17 & Ephesians 4:32

- 1. How did Ruth and Boaz show kindness to their family, and how did God show kindness to them? Ruth showed kindness by choosing to stay with and take care of Naomi. Boaz showed kindness by giving Ruth an abundance of food and by marrying her. God showed kindness to Ruth and Boaz by giving them a son, Obed. Many years later, Jesus was born in the line of David (who was Obed's grandson).
- 2. According to Ephesians, why should we be kind to one another and show forgiveness? We should be kind to one another show forgiveness because that's what God did for us through Christ. Out of kindness, Jesus lived the perfect life, died in our place, and rose from the dead so we can be with God forever. We should extend that same undeserved kindness to others.

Read Luke 10:29-37 & Matthew 5:41

- 3. Who showed kindness to the injured man, and how can we be like him? Even though the injured man was his enemy, the Samaritan showed him kindness. The Samaritan not only showed him kindness, he went above and beyond to take care of him. We can be like the Samaritan by being kind to (and praying for) those who are different from us.
- **4. What does Jesus mean with "going the extra mile"?** Jesus wants us to go above and beyond with our kindness. We should be extra kind to those around us because we know the kindness of Jesus.

Read Memory Verse

- 5. Why should we put on kindness and mercy? We should put on kindness and mercy because we are God's chosen people, holy and dearly loved. When we show kindness to those around us, we show them God's love.
- **6**. How can we "put on kindness," especially when it's hard? We can put on kindness by making a conscious effort to be kind to those around us on a daily basis. We can ask God to help us, spend time in the Word, pray for people, and look out for their needs.

Life Application Questions

- 7. What are 2 ways that you can show kindness to your family this week? Answers will vary. You can give your siblings extra turns, help your parents around the house, pray for your family members, write them notes, put their needs first above your own, thank them, etc.
- 8. Who do you struggle to show kindness towards? How can you treat them with kindness? Answers will vary siblings, kids at school, etc. You can ask God to help you see them through His eyes, and you can remember how God showed kindness to you in that while you were sinning, God showed you His unconditional love and kindness by sending Jesus to die for you. You can speak nicely to them, include them, and put them first, etc.
- **9**. How can you be kinder than you have to be? Take situations where you should already be kind and see how you can do more. For example, let you sibling choose the TV show and pick the first desert, or help your mom clean the kitchen and empty the dishwasher.

