

MAY 2020

PRETEEN



WEEK ONE

JESUS' FINAL ORDERS TO HIS DISCIPLES / ASCENSION
MATTHEW 28:16-20, LUKE 24:50-53, ACTS 1:1-11



ASK THIS:

WHAT SEEMS
IMPOSSIBLE TO YOU?



REMEMBER THIS:

"Let us not become tired
of doing good. At the right
time we will gather a crop
if we don't give up."
GALATIANS 6:9, NIV



DO THIS:



School is almost out for
summer! Encourage your child
to finish the year strong with a
note of encouragement by their
breakfast, lunchbox, or door.
Write, "God gives you what you
need to keep going. Don't give
up and finish the year strong!"

DETERMINATION:

DECIDING IT'S WORTH IT TO FINISH WHAT YOU STARTED

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5 QUICK WAYS TO HELP YOUR KIDS FINISH THE SCHOOL YEAR

By Jon Acuff

I bet I know what matters to you and your kid right now—getting to the finish line of the school year. May and June are the busiest/slowest months ever. You have more to do than ever before but with less motivation to do it. It's a terrible combination. So how can you help your kid finish the school year? Here are five quick ways:

1. Paint a clear picture of the end.

Runners never stop running when they can see the finish line. The problem is that sometimes the summer feels far away when you're in the midst of final projects and tests. Do your best to help your kid see what they are working toward. Celebrate the summer you're headed to as a way to amplify some motivation.

2. Share a time you persevered.

Kids sometimes feel like they're the only ones who have to push through difficult things like the last month of school. Let them know they're not alone. Share a story from your own childhood or even a tale about a work project you had to knock out despite not being very motivated.

3. Make it fun.

Don't wait until the summer to add some fun to their goals. A big, final finish line is awesome, but so are some small finish lines along the way. Head

out for ice cream when the science project is finished. Catch the latest movie after a final school recital. Build in small wins in the weeks leading up to the last day of school.

4. Break the work into smaller pieces.

Small wins are great and so are small goals. A final paper might be overwhelming, especially if the deadline is looming. Do your best to help your kid break that big project into something manageable. Rome wasn't built in a day, and neither was a perfectly scaled coat hanger model of the solar system.

5. Remind them of a time they won in the past.

When kids are stressed about the end of school, they often forget every other time they've worked hard to complete a goal. Sometimes, just reminding them of a time they've won before can provide a bit of boost. Remind them of last year's final projects that turned out great. Chances are, this isn't the first bit of adversity they've faced. Get them to take a quick look at the past to generate a bit of hope for the present.

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