



Promise686

Freezer Meals

IMPACT

Promise686 raises awareness around the needs of vulnerable children, they help prevent children from going into foster care by supporting biological families in need. Promise686 recruits and equips foster and adoptive families.

INSTRUCTIONS

Step 1: As a group, spend time learning about Promise686 and the families they serve. Their website <https://promise686.org> is a good place to start.

Step 2: Review the instructions below.

Step 3: Discuss how your group will do the project. Feel free to invite others (neighbors and co-workers) to be a part of the project as well.

Step 4: Gather your donated items for the meals and meet as a group to spend some time praying for the families that will receive the items.

Step 5: Contact Jenny Rockett at jennywrockett@gmail.com or 706-231-3752.

NOTES: Jenny Rockett will email you a list of recipes and instructions for assembling, packaging and then delivering the meals

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- Plan a date to cook the meals together.
 - Children can help with cooking as well as making notes of encouragement to send along with the meals.
 - Take pictures and post them to social media using [#LoveWhereYouLive](#)
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